



DDGC
.CA

November

NEWS
LETTER

2023

Welcome to November DDGC Community! Our Annual General Meeting is happening this month along with some other important events. Please read through the newsletter to stay up to date with all things DDGC!



Important Dates

Nov 1 & 2	Save-My-Spot Opens
Nov 8 & 9	Winter Registration Opens (Rec)
Nov 9	Annual General Meeting
Nov 11	Gym Closed - Remembrance Day
Nov 15	Early Bird Discount Ends
Nov 16	Meat Orders Due
Nov 26	Bottle Drive Fundraiser

RECREATIONAL THEME WEEKS

Oct 30 - Nov 5 Week 9	Bendy Bridges Turn your world upside down and have a blast building strong bridges
Nov 6 - Nov 12 Week 10	Upside Down and All Around Hollow, arch, staying tight and going upside down
Nov 13 - Nov 19 Week 11	Handstand Heroes Master your handstand skills with proper technique and tight bodies
Nov 20 - Nov 26 Week 12	Cartwheel Carnival Tight body positions and handstand techniques *Assessments Begin
Nov 27 - Dec 3 Week 13	Assessments Week

ANNUAL GENERAL MEETING (AGM)



Duncan Dynamics Gymnastics Club's Annual General Meeting is happening on **Thursday November 9th** from **6:30 to 7:30pm** at the Cowichan Community Centre - James St. Studio.

This is an excellent opportunity to find out what's going on behind the scenes at DDGC and learn more about us as a not-for-profit.

Everyone is welcome and we encourage you to attend!

[SELECT HERE](#) to view the Agenda

[SELECT HERE](#) to view the 2022 Minutes





UPCOMING FUNDRAISERS



Our Invitational athletes have been diligently fundraising for their upcoming Aloha Gymfest Meet in Hawaii this January! Our FINAL two Fundraisers are coming up this month

BOTTLE DRIVE

Date: Sunday November 26th

Time: 10:00 am to 1:00 pm

Location: Back parking lot

MEAT ORDER

Deadline: Thursday November 16th

- Please contact the office for an order form!

We invite you to show your support by donating your empty cans/bottles and placing a Meat Order with us to help our athletes achieve their goal and participate in this transformative opportunity!

SHOUT-OUT TO COACH AMELIA!



We'd like to extend a big round of applause to Coach Amelia!

Always working to improve our club, refining lessons, coordinating with families, supervising and assisting other coaches, we are proud to have her on our team.

Coach Amelia is a pillar of reliability, consistently supporting and engaging with those around her. Without her dedication and care, our gym just wouldn't be the same.

Thank you Coach Amelia!

WINTER CLASSES & REGISTRATION



Registration for our Recreational Winter Programs opens soon!

We have made some improvements to our registration process as we prepare for our Winter Session to give you the best opportunity to get a spot in DDGC classes this winter.

Some of the changes include early program visibility, save-my-spot, staggered registration dates, waitlist roundup and more!

Please view important dates below and keep an eye on your email inbox for a detailed breakdown of the process.







DDGC NOVEMBER 2023

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NOVEMBER CALENDAR & IMPORTANT DATES!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31 GYM CLOSING AT 3:00PM 	1 SAVE-MY-SPOT! OPENS	2	3	4
5	6	7	8 WINTER REGISTRATION OPENS 	9 ANNUAL GENERAL MEETING (AGM)	10	11 GYM CLOSED - REMEMBRANCE DAY
12	13	14	15 EARLY-BIRD DISCOUNT ENDS	16 MEAT ORDER DEADLINE 	17	18
19	20	21	22	23	24	25
26 BOTTLE DRIVE 	27	28	29	30	1	2

PROGRAMS	DYNAGYM & CAMPS	ACTIVE START & HOMESCHOOL
Save-My-Spot! Opens	November 1, 2023 @ 1:00pm	November 2, 2023 @ 1:00pm
Save-My-Spot! Ends	November 7, 2023	November 7, 2023
Registration Opens	November 8, 2023 @ 1:00pm	November 9, 2023 @ 1:00pm
Early Bird Ends	November 15, 2023	November 15, 2023
Registration Ends	December 5, 2023	December 5, 2023
Waitlist Roundup! Opens	December 12, 2023 @ 1:00pm	December 13, 2023 @ 1:00pm
Waitlist Roundup! Ends	December 22, 2023	December 22, 2023
First Day of Winter Classes	January 8, 2024	January 8, 2024

