



# NEWS LETTER

## SEPTEMBER 2025

Here is the start of another year for DDGC. It's our fall season; look for the dates when your program starts. We have 2 holidays where the office and classes are closed this month.

### **We have won a 2025 GymBC Award!**

It is for 2025 Coach Education Club of the Year Award. This is awarded to the GymBC member club that demonstrates exceptional commitment to coach and judge development through active participation in education initiatives. This includes hosting and attending NCCP courses, virtual training, CPE sessions, and other recognized learning opportunities. The recipient is determined through a points-based system that reflects engagement across all forms of education tracked by GymBC.

## IMPORTANT DATES



Sep 1	Labour Day - No Classes
Sep 2	Invitational Training Begins
Sep 7	Gymnaestrada Tryouts
Sep 8	Recreational Classes Begin
Sep 22	PD Camp = A Day at the Zoo
Sep 30	Truth & Reconciliation Day - No Classes

## NEW PROGRAMS

### Gymnaestrada Program 25-26

This is an advanced recreational program for athletes aged 7 and up. It provides opportunities for athletes to extend their involvement in gymnastics, tumbling, acrobatics and circus skills via group performances with travel. This is a 10-11 month commitment. You will need to try out for an invitation to the program.

Registration for tryouts is \$25. **Tryouts are September 7.** Practices begin September 28.

[Click here to register.](#)

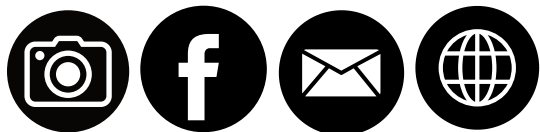


## PRO-D DAY CAMP

Registration is open for our Pro-D Day Camp coming up on Monday, September 22, 2025! There are 3 Pro-D Days in the fall program.

Pro-D Day camps are a great way for gymnasts to enjoy more gymnastics in their schedule without the long-term commitment and receive the opportunity to work on skills and apparatus they may not typically use in their regular classes.

9:00 AM - 4:00 PM  
Ages: 6 - 12 years



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WWW.DDGC.CA

# DID YOU KNOW ?

**General Inquiries** (250) 746-0193

**"News"** - In case you miss something in emails, the website has a header tab called News. We are starting to post items there. So use that also as an additional source, as well as our social media.

We have some items for sale that remain after our ORCA invitational meet last year. Here's what is for sale:

- Croc charms available:
  - 1 for \$2
  - 3 for \$5
  - 8 for \$10
- Blankets \$20
- Massage balls \$5

You can email [orca.ddgc@gmail.com](mailto:orca.ddgc@gmail.com) to purchase.

## ACKNOWLEDGEMENTS

We want to thank all the coaches for their enthusiasm with the summer programs. For some, it is a long full day with the classes as well as setting up and taking down.



## INVITATIONAL COMPETITION SCHEDULE



Gymnastics BC is working to finalize the upcoming competition season schedule. We will release our Invitational team competition schedule to Members as soon as we know. Look for the email that will be sent.

## RECREATIONAL PROGRAM INFO

[Click Here for our Welcome Letter.](#) This letter will explain everything, especially for newcomers.

## BIRTHDAY PARTIES

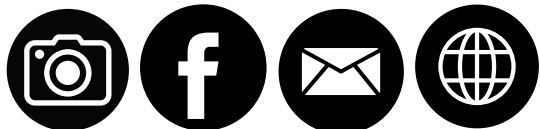


Birthday Parties for the fall season schedule are Saturdays at 4:30 and Sundays 3 available spots. Please notice that the pricing has increased to \$275.

## COACHES WANTED



Please send resumes and experience to Karl McPherson: [headcoach@ddgc.ca](mailto:headcoach@ddgc.ca).



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